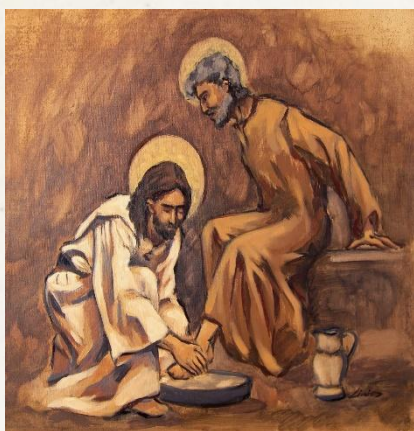

SPIRITUAL RETREAT

APRIL
2025



Orden de la Compañía de María Nuestra Señora
PROVINCIA DEL PACÍFICO
| *Order of the Company of Mary Our Lady*



RETREAT FOR THE MONTH OF APRIL 2025.

To begin our Retreat, let us remember the words of St. Paul to Timothy: **"Christ our hope"** (1 Tim. 1:1). So we can affirm that hope has a face and it is that of the Son of God who has come to walk with us and become a pilgrim to bring us to the Father.

Only with the light and consolation that come from the Gospel can one keep one's hope alive (Rom. 15:4).

In this proclamation of Holy Week I am named, I am called, I am invited to walk the central steps of Jesus.

I am ready to serve in order to sow hope in the sharing of the Word and the Bread of life...



We will sit next to You, Lord...just like when we want to celebrate something important in life. We will gather around a table, which excludes no one, to share life and learn from your teaching, Jesus.

Wherever there is hospitality, there is hope. Acceptance is the basic attitude to awaken hope.



Lord, help me to find strength in simplicity, to enliven the day to day, so that my community, my family, my friends, and my companions will see in me the joy of dedication, of service and of living life to the fullest. Help me, Lord, to follow you with simplicity, joy and hope.

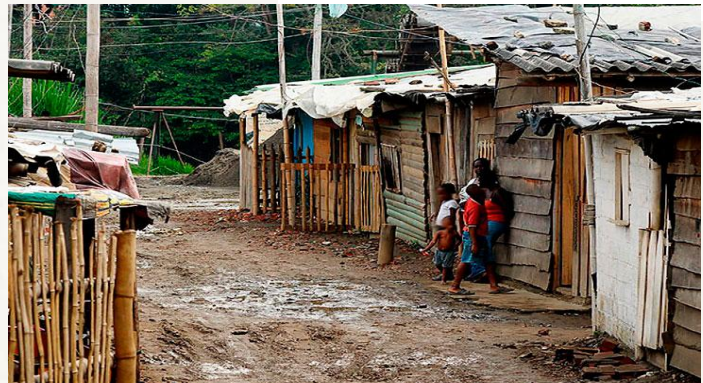
Thank you, Lord, because you have chosen to celebrate your dedication gathered around a table with your friends, so that they can be a community of love. Give us your love as our nourishment so that we can share it and give hope to those around us.

Let us reflect and allow ourselves to be challenged by Article X of the Constitutions to renew our hearts and open them to a love that is placed at the service of all.

It is up to us to be witnesses of Jesus' dedication and from his Gospel, to restore hope to people who are dejected and abandoned. Jesus continues to die, but death is not the one to seal the stone of the tomb, it has no power. Life rises with Him, and it is always time to be born again to be pilgrims of hope.

We believe in Jesus, and we reaffirm our hope in Him and in the healing and liberating power of His love poured out in us.

Try to be present at the foot of the Cross. Do not say anything, but let this sacred reminiscence of Jesus, the man carrying the cross on his back, resonate in you. And ask him to teach you to remain with all those who are still on the cross today. Listen to the words of the Constitutions of Article IX and XI and review your availability for building the Kingdom.

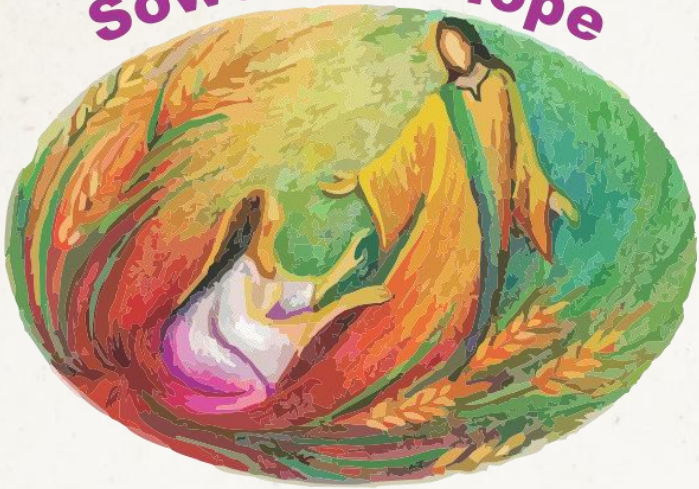


It is not easy to witness Christian hope in the context of a consumerist and wasteful culture, aimed at increasing superficial and ephemeral well-being. A change of mentality is necessary to rediscover what is essential and to give body and effectiveness to the proclamation of the Kingdom of God.

Hope is also communicated through consolation, which is achieved by accompanying the poor not for a moment, full of enthusiasm, but with a commitment that is extended over time. The poor gain true hope not when they see us pleased to have given them a little of our time, but when they recognize in us an act of gratuitous love that seeks no reward.



Sowers of Hope



Sow hope and the earth will bear the fruits of justice and peace.

Celebrate life!

John 20:1-9

Look at the scene, and look for three verbs that describe the attitude of the disciples: **Run, open your eyes, and believe.**

Matthew 28:8-13

There are two complementary moments in the encounter, the first is the moment of embrace and adoration. The important thing is God. He is the center. However, that recognition is followed by the mission. There is good news to announce to the disciples, then and today. The encounter with Jesus always brings us back to the world. In every account of the resurrection there is a message: **go, say, tell...** The women, with a mixture of fear and joy, set themselves in motion.

John 20:11-18

Mary moves from weeping to joy, from confusion to certainty, and from being still and settled to having a new purpose and mission. She is presented as an apostle to the other apostles. She receives the mission directly from the Master: "**Go and tell my brothers.**"

What are the signs that most convince people of Jesus' presence in our midst?

COMMUNITY SHARING.

It is prepared by each community.
SONG: Singing hope. Youtube.

BIBLIOGRAPHY

BIBLE

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