



With Mary

PILGRIMS OF HOPE 2025

Retreat for the month of October 2025

Today Mary invites us to trust, to be certain that we receive the best from the Lord. Let us remember: "Those who hope in God do not despair" and the best way to hope in God is by fostering a personal relationship with Him at all times.

Prayer is one of the most effective means of finding answers, finding peace, hoping with trust, and living with hope.

Mary, we pray that you will teach us to live immersed in hope and confident in the permanent presence of God in our lives.

Mary was clear about her role in the plan of salvation, so in the face of the challenges and difficulties she faced such as the journey to Bethlehem, the birth of Jesus in humble conditions and the flight to Egypt to escape Herod, she always kept hope alive.

For World Mission Day for the Jubilee Year 2025, whose central message is hope, this motto has been chosen: "Missionaries of hope among peoples", which reminds every Christian and the Church, a community of the baptized, of the fundamental vocation to be messengers and builders of hope, following in the footsteps of Christ.

Personal reflection:

- **Do I allow myself to be challenged by the misery and violence of our world?**
- **Am I on a path of change or stuck in my comfort zone?**
- **Do we carry out concrete acts of love and solidarity, especially with the most vulnerable? Which?**
- **What did Jesus mean in: Mark 6:7-13; Luke 10:1-4; Matthew 5:13?**

We are called by God, by name and surname, called to proclaim the Gospel with the Word and the witness of life.



The rise in temperature has caused droughts and flooding in areas where the weather was once placid, as well as accelerated the melting of the Arctic. Our country is not far from this problem, since in the same time half of the territory has been degraded.

The care of the poor, the care of the planet, the care of nature, the care of communities, the care of people, the care of God's creation. Caring for the Earth is inseparable from social justice. "We need to strengthen the conviction that we are one human

family, there are no borders or barriers, political or social, behind which we can hide, and even less is there room for the globalization of indifference." (Laudato Si' #53)

Be QUIET and CONTEMPLATE the NATURE that surrounds you:

Pay attention to the sounds that come to you, even the most subtle and distant... He realizes that all these sounds are the song of praise that creatures raise to God: the

bird sings, the insect buzzes, the wind whistles, the machine emits noises... all of this is a hymn to the Creator of all. **Psalm 66:8 (65:8).** Join in that hymn and praise God with the voice of creatures...



Mary Our Lady is our model, we ask her to teach us to encounter, every day, Jesus. May it push us to go out to meet so many brothers and sisters who are on the periphery and suffer abandonment.

Mary, woman of action, make our hands and feet move "quickly" towards others, to bring the charity and love of your Son Jesus, to bring, like you, the light of the Gospel to the world.

Mary, the woman on mission, accompanies the disciples who become missionaries. The mission is to give life, especially to those who history, culture, politics or religion have taken it away. Transmitting joy is the possible and urgent mission

To contemplate Mary, the New Woman, who rushes out to meet life.

Setting out on a journey means letting oneself be touched by the reality of the other in order to seek balance together so that new relationships of reconciliation and forgiveness may emerge.

Jesus' call to proclaim the Good News must help us to awaken from the passivity with which we often live our faith. To live it in a lucid way.

Faith is therefore the light that inspires our criteria for action, the force that drives our commitment to building a more humane society, the hope that animates all our daily lives. It is not easy to listen to that call, because, ordinarily, we do not listen to someone who tells us something contrary to what we think

The Gospel is not imposed by force. It is contagious by those who live in the style of Jesus, making life more human.

St. Augustine then emphasizes that we avoid clinging to the past or the future and instead turn our attention to present realities. Which means taking care of the things we must do: our responsibilities and obligations in the best possible way, putting all our effort to do what God tells us to do. And what does God tell us? May we live in peace and love, doing our activities to the best of our ability, with **God as the center and guide of our lives**. In short, our days are perishable, but God is eternal.

From the certainty that God continues to build his Kingdom through what we are and what we do:

What can I contribute, in particular, to spread evangelical enthusiasm in the community, in the mission and at the institutional level of the Company of Mary?

What difficulties do I find in making Jesus' proposal visible in the environment in which I live?

EXAMINATION OF THE CHALLENGES ABOVE.

In closing, I review the motions that were presented to me in prayer and the things that hindered me during prayer. I pray an Our Father and Hail Mary.

COMMUNITY SHARING.

SINGING: LIFE IS MISSION. GERMÁN PRAVIA. (YOUTUBE)

YOUR WAY. CRISTÓBAL FONE. (YOUTUBE)