



## RETREAT NOVEMBER 2024

I begin my prayer by becoming aware of the Lord's call to holiness to each of us: "Be holy, for I am holy," (Luke 11:45)

Holiness and perfection are terms that indicate a standard of living closer to God, that is, completely in accordance with His rules and commandments. God is as holy as He is perfect, in fact. He is the only one who has such qualities to the fullest. God is holy in all His manner (Leviticus 11:45), without exception; God is also perfect in everything, without having the slightest blemish. (2 Samuel 22:31)

Being holy does not mean that one is perfect, nor does holiness occur in us because we manage to be perfect. Holiness is a gift from God.

The gift of holiness or grace is a state of divine presence in your heart, which welcomes you and transforms you, leading you to a fullness of being in the wonderful being of God, even with all your imperfections.

Holiness is the highest expression of God's mercy towards you; God who loves you, welcomes you, understands you and forgives you.

**This holiness to which the Lord calls you will grow with small gestures of love and solidarity in your daily life.**

**Take advantage of the opportunities that arise every day to perform ordinary actions in an extraordinary way.**

**Let us remember how Jesus invited his disciples to pay attention to the small details:**

The small detail that the wine was running out at a party. (John 2:1-12)

The small detail that a sheep was missing. (Luke 15:3-7)

The small detail of a widow who offered her two small coins. (Luke 21:1-4)

The small detail of having spare oil for the lamps in case the groom was delayed. (Matthew 25:1-13)

The small detail of asking his disciples to see how many loaves they had. (Mark 6:34-44)

**Prayerfully contemplate the above texts, dwell on the small details and write down the feelings they produce.**

**What are the small details that I must take care of in my Community, so that fraternity reigns among us?**

**Therefore, to be holy means to do, in one's own way, what Jesus says in the sermon of the Beatitudes. (Matthew 5)**

**Living the Beatitudes is a path to perfection, that is, to holiness, because the person who is faithful to God and lives his Word, attains holiness in the surrender of one's very self.**

Let us remember that holiness is made up of a habitual openness to transcendence, which is expressed in prayer. The saint is a person with a prayerful spirit, who needs to communicate with God.



Time is passing by... How many things we have done, how many things we have not done... It is time to listen to the call to holiness that the Lord makes to each one of us and today makes to me: "Be holy, for I am holy." (Luke 11:45)

**What has this year meant to me?  
How has the holiness to which the Lord calls me grown in me?**

Saints are capable of living with joy and a sense of humor. Without losing realism, they enlighten others with a positive spirit.

**Mary**, who was able to discover the newness that Jesus brought, sang: **"My spirit rejoices in God my Savior."** (Luke 1:47) and Jesus himself was filled with joy in the Holy Spirit. (Luke 10:21). When He passed by, all the people rejoiced. (Luke 13:17)

This joy is lived in communion, but there are hard moments, times of the cross, but nothing can destroy joy. Fraternal love multiplies our capacity for joy. **"Rejoice with those who are joyful."** (Romans 12:15)

**I take a moment of silence and then express to the Lord what I feel. And I place in His hands the fruit of my mission this year 2024.**

**What would Jesus say to me as we come to the end of this year 2024?**



## **SPIRITUAL CONVERSATION.**

Prepared by each community

Song: **To be holy. Chesed.** Youtube

## **BIBLIOGRAPHY**

Apostolic Exhortation GAUDETE ET ESXULTATE.  
BIBLE